

Programme ideas: Volunteering section

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a Volunteering section programme of your own.

You can find more information at **DofE.org/ volunteering** and there is a range of exciting opportunities to help you complete this section at **DofE.org/finder**.

It's your choice...

Volunteering gives you the chance to make a difference

Helping people

- Helping children
- Helping children to read in libraries
- Helping in medical services e.g. Hospitals
- Helping older people
- Helping people in need
- Helping people with special needs
- Tutoring
- Voung carer
- Youth work

Community action & raising awareness

- Campaigning
- Cyber safety Council representation
- Drug & alcohol education
- Home accident prevention
- Neighbourhood watch
- Peer education
- Personal safety
- Promotion & PR
- Road safety

Working with the environment or animals

- Animal welfare
- Environment
- Rural conservation
- Preserving waterways
- Working at an animal rescue centre
- Litter picking
- Urban conservation
- Beach and coastline
 - conservation
- Zoo/farm/nature reserve work

Helping a charity or community organisation

- Administration
 Being a charity intern
 Being a volunteer lifeguard
 Event management
 Fundraising
- Mountain rescue
- Religious education
- Serving a faith community
- Supporting a charity
- Working in a charity shop

volunteering meets the criteria for businesses and family members (see **DofE.org/volunteering** for the requirements).

Coaching, teaching and leadership

- Dance leadership
- DofE Leadership
- Group leadership
- Head student

to people's lives and use your skills and experience

You can use the programme planner on the website to

work with your Leader to plan and agree your activity

Before you begin, it is important to check that your

to help your local community. You can use this

opportunity to become involved in a project or

with an organisation that you care about.

Help with planning

before you start.

- Leading a voluntary
- organisation group
 - Girls' Venture Corps
- Sea Cadets
- Air Cadets
- Jewish Lads' and Girls'Brigade
- St John Ambulance
- Scout Association
- Air Training Corps
- Army Cadet Force
- Boys' Brigade
- CCF
- Church Lads' & Girls' Brigade
- Girlguiding UK
- Girls' Brigade
- Sports leadership
- Music tuition

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